

FREE TRAINING

Health and Safety on the Job

- 3 Saturday Classes, 8am – 5 pm
- August 2, 9, & 16, 2008
- SEIU Local 521 (2nd Floor Training Room)
2302 Zanker Road, San Jose, CA



This free course will train you to be a Worker Occupational Safety and Health (WOSH) Specialist. You will learn to take a leadership role in promoting health and safety at your own workplace. All interested workers are invited. The training is “hands on,” interactive, and fun. The course is presented by UC Berkeley’s Labor Occupational Health Program (LOHP).

You’ll Learn About:

- Workplace Injury and Illness Prevention
- Identifying and Controlling Hazards
- Safety Rights and Responsibilities
- Workers’ Compensation
- Cal/OSHA
- Strategies for Taking Action
- The Right to Know
- Health and Safety Committees
- Ergonomics
- Roles of a WOSH Specialist

You’ll get a *free* health and safety course binder, a chance to share ideas and strategies with workers from other industries, and a certificate of completion as a WOSH Specialist.

Instructors: Valeria Velazquez and Karin Hart

Registration and More Information

- To register, call Fredda Olivares at LOHP, (510) 643-8087.
- Questions about the training, call at Valeria Velazquez at LOHP, (510) 643-2090

The WOSH Specialist Training Program was established under state workers’ compensation reform legislation and is a project of UC Berkeley’s LOHP, UCLA’s Labor Occupational Safety and Health (LOSH) Program, and the California Commission on Health and Safety and Workers’ Compensation.